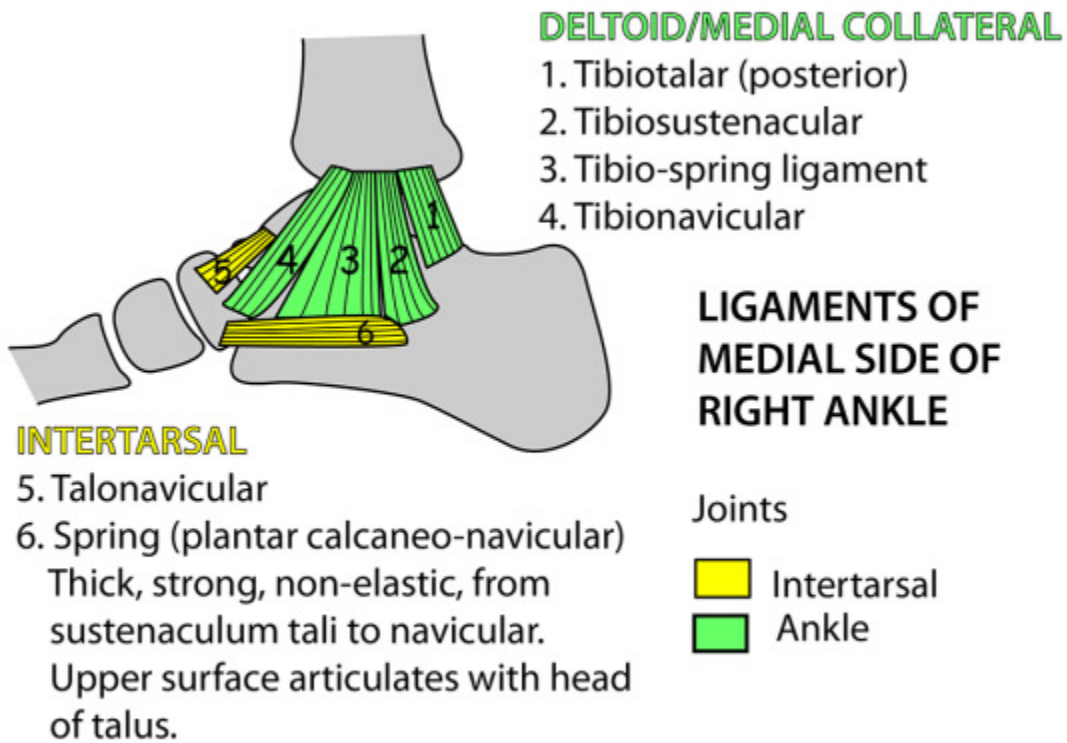


Ligaments & tendons at ankle



**INFERIOR TIBIOFIBULAR LIGAMENT**

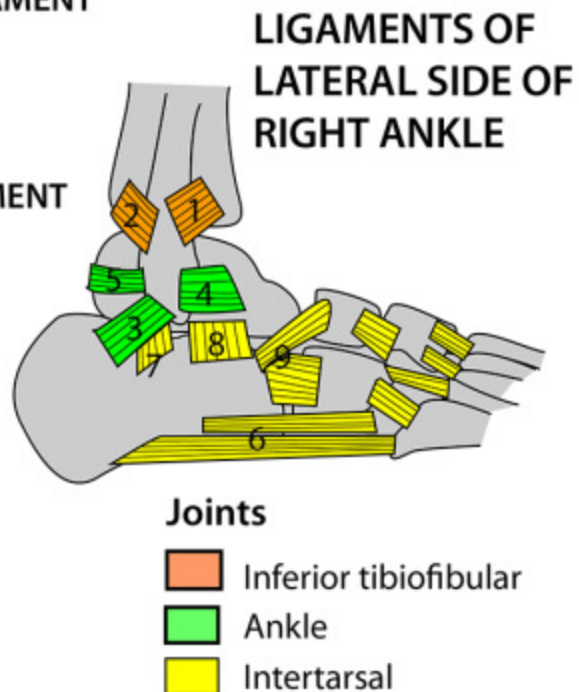
1. Anterior tibiofibular
2. Posterior tibiofibular

**LATERAL COLLATERAL LIGAMENT**

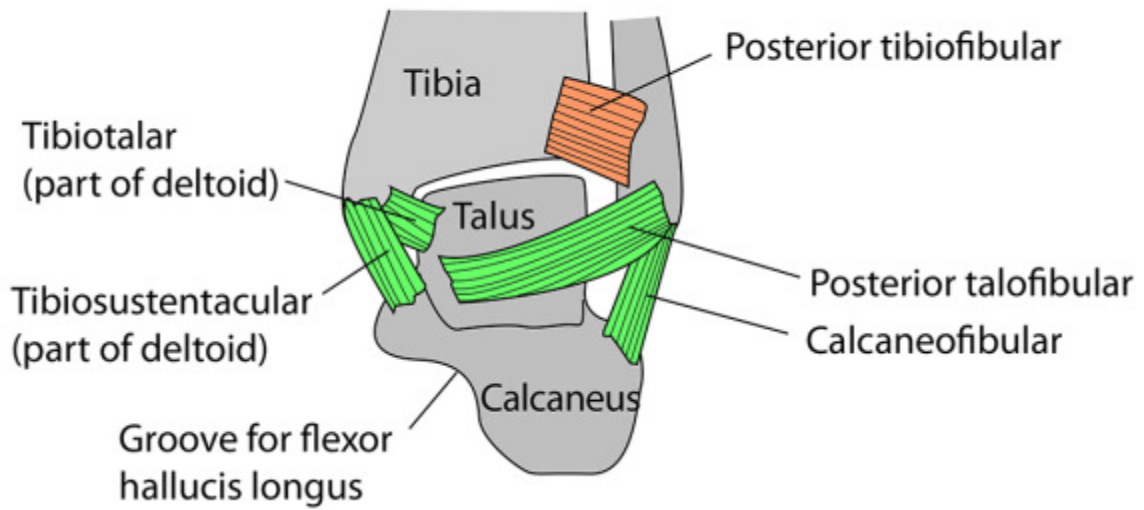
3. Calcaneofibular
4. Anterior talofibular
5. Posterior talofibular

**TARSAL/METATARSAL LIGAMENTS**

6. Short/long plantar
7. Lateral talocalcaneal
8. Cervical
9. Bifurcate



## POSTERIOR VIEW OF RIGHT ANKLE



Because the fibula sticks out more laterally from the ankle joint than the tibia, the 3 parts of the lateral ligament are less strong and are easily torn in an inversion injury

Joints

- Inferior tibiofibular
- Ankle

## INVERSION INJURIES OF ANKLE

