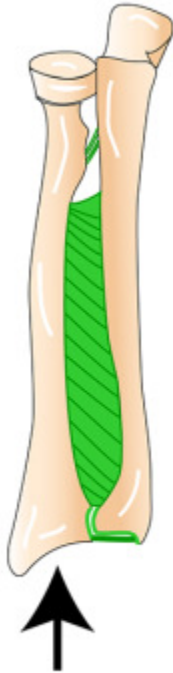
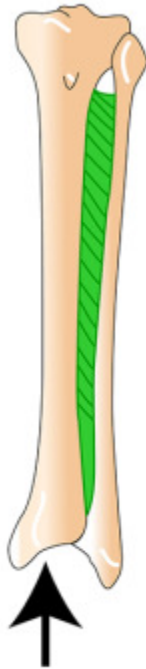


Tibia, fibula & interosseous membrane

INTEROSSEOUS MEMBRANES

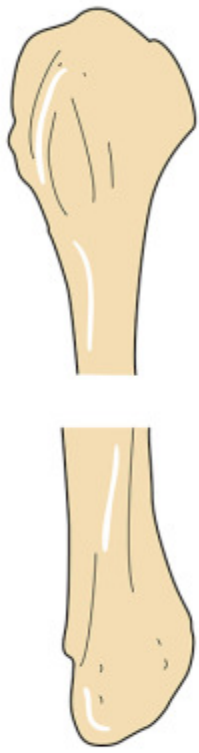


Right Radius
& Ulna



Left Tibia
& Fibula

Forces from the hand and foot are transmitted respectively to the radius and tibia. In order to share the impact of the force the interosseous membranes have fibres arranged so that the ulna and the fibula can share the the strain easily and immediately



"SIDING" A FIBULA

- HEAD**
- Bulbous
 - Facet on superior surface

- LOWER END**
- Arrow shaped
 - lateral malleolus
 - Facet medial
 - Pit is posterior

TO "SIDE" A FIBULA
 Hold the lower end of the fibula with the pulp of your thumb sitting comfortably in the pit. If it fits easily then the fibula is the same side as your hand. In this case it is a right fibula.
 If it is not a comfortable fit then it belongs to the opposite side.

