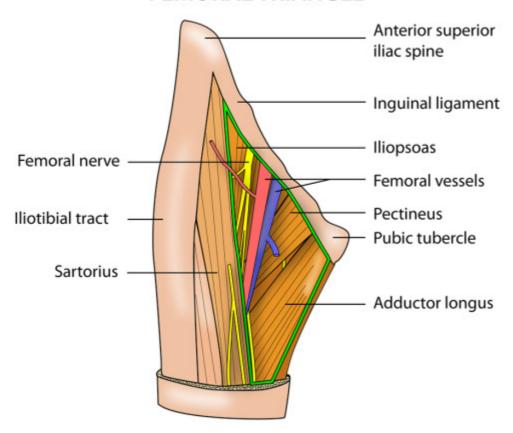
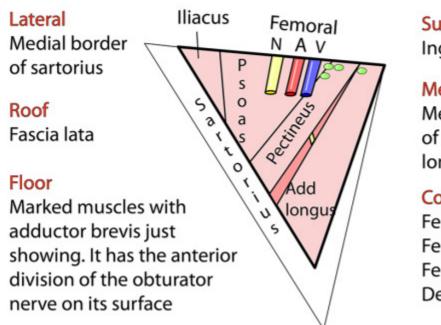
Femoral Triangle and Gluteal Region

FEMORAL TRIANGLE



BOUNDARIES



Superior

Inguinal ligament

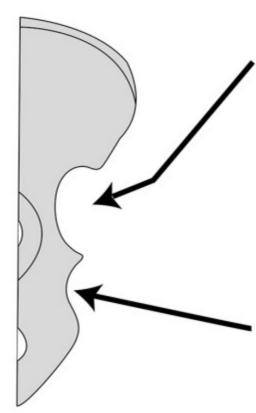
Medial

Medial border of adductor longus

Contains

Femoral nerve Femoral artery Femoral vein Deep inguinal nodes

STRUCTURES PASSING THROUGH THE GREATER & LESSER SCIATIC FORMINA



VIA GREATER SCIATIC FORAMEN

- Superior gluteal vessels
- Superior gluteal nerve

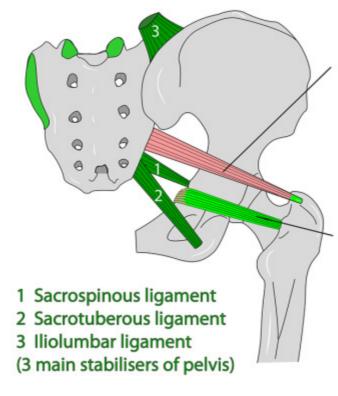
PIRIFORMIS

- · Inferior gluteal vessels
- · Inferior gluteal nerve
- Sciatic nerve
- · Perforating cutaneous nerve
- Posterior femoral cutaneous nerve
- Nerve to quadratus femoris
- · Nerve to obturator internus
- Pudendal nerve
- Internal pudendal vessels

VIA LESSER SCIATIC FORAMEN

- Tendon of obturator internus
- Nerve to obturator internus
- Internal pudendal vessels
- Pudendal nerve

GLUTEAL REGION - PIRIFORMIS & OBTURATOR INTERNUS



Piriformis

From: Ant surface of sacrum. To: greater trochanter of femur via greater sciatic foramen.

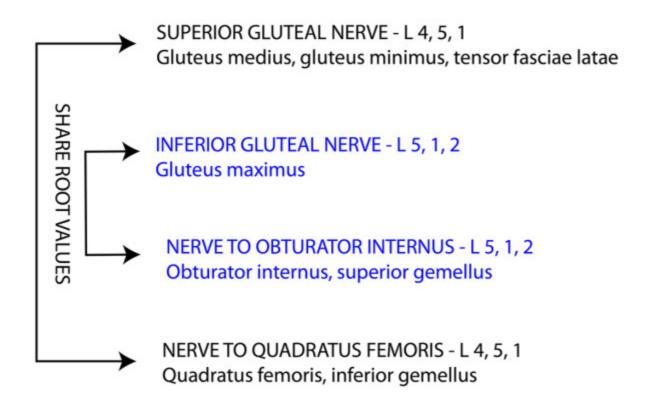
Action: Lat rotator of hip

N: S1,2

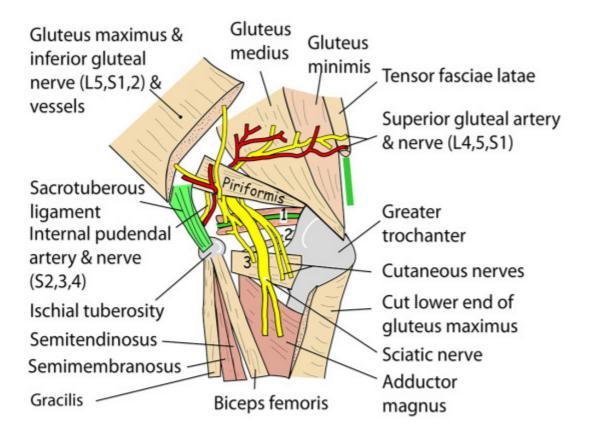
Obturator internus

From: inner surface of obturator membrane
To: med aspect of greater trochanter of femur
Action: Lat rotator of hip
N: N to obturator internus
(L5,S1,2)

OF GLUTEAL MUSCLES



RIGHT GLUTEAL REGION



- 1 Gemellus superior, obturator internus, gemellus inferior
- 2 Obturator externus
- 3 Quadratus femoris

For action of the muscles please see section on hip movements. More details can be found in the muscle section in the book - Instant Anatomy, by R H Whitaker & N R Borley. 4th edition. Wiley-Blackwell 2010

NOTES ON SACRAL PLEXUS AND SCIATIC NERVE

There are six nerves that arise from the roots of the sacral plexus that have the letter "P"

Piriformis, nerve to:	S1,2	Remains in pelvis to supply this muscle
Posterior femoral cutaneous nerve:	S1,2,3	Leaves pelvis via greater sciatic foramen
Perforating cutaneous nerve:	S2,3	Leaves pelvis via greater sciatic foramen
Pudendal nerve:	\$2,3,4	Leaves pelvis via greater sciatic foramen
Pelvic splanchnic (parasympathetic) nerves:	\$2,3,4	Remains in pelvis to supply pelvic organs
Perineal branch of S4:	S4	Remains in pelvis to supply levator ani

3 nerves remain in the pelvis & 3 exit via the greater sciatic foramen

SCIATIC NERVE

Anterior division

Tibial to flexors (L4,5,S1,2,3) Nerve to obturator internus (L5,S1,2) Nerve to quadratus femoris (L4,5,S1)

Posterior division

Common fibular to extensors Superior gluteal (L4,5,S1) Inferior gluteal (L5,S1,2)