Axilla and Cubital fossa
AXILLA
(Between arm and thorax)

A truncated cone

**Posterior wall**
- Subscapularis
- Teres major
- Latissimus dorsi

**Medial wall**
- Serratus anterior
to 4th rib

**Lateral wall**
- Intertubercular (bicipital) groove
- Biceps tendon

**Anterior wall**
- Pectoralis major
- Pectoralis minor
- Clavipectoral fascia

**Apex**
- Clavicle
- Scapula
- Outer 1st rib

**Floor**
- Axillary fascia which is held by suspensory ligament & lies between anterior & posterior axillary folds, deep fascia of arm & serratus anterior

**CONTENTS**

A - Long head of biceps
B - Latissimus dorsi
C - Teres major
D - Long thoracic nerve
E - Axillary vein
F - Axillary artery & cords
G - Pectoralis minor
H - Coracobrachialis
I - Short head of biceps

+ Lymph nodes
SUPERFICIAL CUBITAL FOSSA (RIGHT SIDE)

Boundaries:
- Triangular area between:
  - Pronator teres
  - Brachioradialis
  - Line between epicondyles

Contains:
- Brachial artery
- Median nerve
- Biceps tendon
- Lymph nodes

Roof:
- Deep fascia of forearm
- Bicipital aponeurosis
- Median cubital vein
- Medial cutaneous nerve of forearm
- Lateral cutaneous nerve of forearm

Floor:
- Brachialis
- Supinator

Diagram showing:
- Cephalic vein
- Brachial vein
- Brachial artery
- Median nerve
- Pronator teres
- Biceps tendon
DEEP CUBITAL FOSSA (RIGHT SIDE)

CONTAINS
- Median nerve
- Brachial artery
- Biceps tendon
- Lymph nodes
- (laterally, under brachioradialis, are radial & posterior interosseous nerves)

Mnemonic for order of structures from lateral to medial

T A N
(tendon-artery-nerve)